



## Happy 60<sup>th</sup> Birthday!!

**BEST BRAINS FOR INDUSTRY.**—"We want the best young brains that the schools are producing to go into business," said Mr W. B. Stevens, secretary of the Edinburgh Senior Chamber of Commerce, at a general meeting of the Edinburgh Junior Chamber of Commerce in the Wellington Rooms, Edinburgh, yesterday. At the moment, he said, most head masters were directing their best pupils to enter the professions. In industry and commerce, however, there were positions of responsibility worthy of their intelligence. Mr W. A. Douglas, president of the Junior Chamber reported that it was now five months old and had a membership of 133, five of whom were women.

Happy Birthday everyone!  
JCI Edinburgh is now 60 years old!

A small group of inspired individuals got together in April 1946 with the vision of creating an Edinburgh based chapter of an organisation which would pull together young professionals in Edinburgh and turn them into future

### The Scotsman 17 Oct 1946

socially responsible Leaders and Entrepreneurs. Since our organisation first started we have had many different aims and ambitions, different names and images and different numbers of local chambers within Edinburgh. Through all of this the underlying theme has been the same, we help our members improve themselves while giving back to the community around us. As you can see from the article above, in 1946 we were



Helping to encourage the best young brains in Edinburgh and this has not changed. I hope your all proud to be part of an organisation which has not just survived time, but has proved to be a World wide success story. I hope in another 60 years time, the organisation has moved on, developed, completed some amazing achievements, but that the spirit remains the same.

## Next Events

Regular updates are available online at <http://www.jciedinburgh.org.uk>

6<sup>th</sup> April – New Project Team. Meeting to find out more about the European Conference 2009 project team. Many ways for people to get involved in small ways. Contact [brian\\_turnbull](mailto:brian_turnbull@ejcc.org.uk) (at) [ejcc.org.uk](mailto:ejcc.org.uk).

7<sup>th</sup> April – Increase of 10% in National Conference Attendance Fee. [www.jciaberdeen.org.uk](http://www.jciaberdeen.org.uk).

10<sup>th</sup> April – Open Evening. A chance to meet potential members and invite some of your friends along to hear more about JCI Edinburgh. Location tbc. 7pm.

18<sup>th</sup> April – Community Meeting. Join us in giving something back to the community. All members especially new members are welcome. Cumberland Bar 7pm.

21<sup>st</sup> April – JCI Scotland National Conference. All members are welcome to come and attend a weekend away in Aberdeen for some training, socialising and for our annual awards ceremony. It's a great opportunity to meet members from across Scotland and from the UK and Ireland. Contact [ada\\_muirhead](mailto:ada_muirhead@ejcc.org.uk) (at) [ejcc.org.uk](mailto:ejcc.org.uk) for more information.

26<sup>th</sup> April – Training and Development: What is JCI? Would you like to find out more about what JCI is about and learn how to get more out of the organisation? The come along to this informative and interactive session.

28<sup>th</sup> April – End of Month Drinks. Join us for a drink to celebrate 60 years of JCI Edinburgh.

6<sup>th</sup> May – Visit to Galway. JCI Edinburgh has been building up links with JCI Galway. A few of us are going over to visit and to sign the twinning agreement. If you would like to come along or get more info please let me know [lesley\\_fowler](mailto:lesley_fowler@ejcc.org.uk) (at) [ejcc.org.uk](mailto:ejcc.org.uk)

If you have any queries about your membership or know anybody who wants to join contact: Julie Diver, Membership Director on [julie\\_diver@ejcc.org.uk](mailto:julie_diver@ejcc.org.uk)

## We lay down a challenge...

Would you like to be part of a fun team running an incredible event?

JCI Edinburgh would like to run a European JCI Conference in June 2009. We need you to get involved so that the project can work. We need all different skills, but most of all we just need people that want to get involved. Is that you?

What's involved in a European Conference?

- 1000-2000 people from across Europe.
- Assembly of National Leaders.
- Four days of training.
- Four nights of parties.
- Four days packed full of fun and friends!!

In order to determine if this bid is right for us we need to concentrate on various areas including: Sponsorship and Support, Marketing, Logistics, Budgets, Administration, Special Event Planning, Country Liaison...the list of roles is endless.

You can get involved in various ways, whether you have a flair for organising parties, interior decorating, fantastic with food, know Edinburgh and its venues inside out, in fact if you have any interest in any area or are just passionate about Scotland.



European Conference in Lausanne.

The idea with these events is getting as many people together as we can to make it easier and spread the workload, like all the other areas of JCI, its voluntary, so that means you don't have to do anything, but the more you get involved, the more you will learn and develop.

To get involved or just find out more about it, just contact [brian\\_turnbull](mailto:brian_turnbull@ejcc.org.uk) (a) [ejcc.org.uk](mailto:ejcc.org.uk). The first meeting is on 6<sup>th</sup> April.



Party Night in Vienna.

# Presidents Message

Lesley Fowler, JCI Edinburgh President



Hi everyone,

My focus this month has been learning about effective leadership. It is something core to this organisation, but also core to your future success in business and in your personal life. You can learn Leadership skills, I certainly have. A good leader drives success through skills such as Self Belief, Communication skills, People skills, Leadership skills and flexibility. Since I joined this organisation I have increased all of those skills ten fold and I am still striving to improve myself. This month I went on a Dale Carnegie Training Course which pushed my boundaries even further. It

build on my success and confidence from last year when I attended the JCI European Leadership Academy in Gothenburg. We had 70 attendees from 29 different countries across Europe, but we all had one thing in common. We were all going to become leaders in our local chambers. In my experience, I would advise that you get involved in projects, activities or teams in your work, chamber or social life. You can do far more than you believe your capable of. All you need to do is take that step to get involved, you'll soon prove to yourself that you can be successful. I believe anyone can achieve success if they adopt a positive attitude, open up to all possible learning opportunities and make the best of every situation they find themselves in.



*Lesley*  
Lesley Fowler  
President  
JCI Edinburgh



## Executive Stretch

### A Weekend with a Purpose

#### What is Executive Stretch?

It's a weekend programme of Personal Development, Teamwork Skills and Leadership Training for fit an enthusiastic junior and middle managers, with potential for higher things. Problem solving, quick thinking and fast decision making will be required to complete team tasks and meet objectives within the times set for each activity.

Note - Executive Stretch is not a recruitment programme for the Territorial Army.

#### What will I get out of Executive Stretch?

Greater self-confidence, enhanced communication skills, and a better understanding of the importance of leadership and team work and just some of the changes that are consistently mentioned. These will be of great value to you - and your employer - for a long time to come.

#### How fit do participants need to be?

The Exercise is certainly strenuous but participants don't need to be

young or super-fit. Their ages tend to range from early twenties to mid-forties.

#### How much does it cost?

The charge per participant is £150, much less than the several hundreds you'd have to pay for equivalent training by a commercial provider.

#### When is the Exercise?

It runs from Friday 12th to Sunday 14th May 2006. Participants should arrive between 3 and 5pm on Friday and head home by 2.30pm on Sunday.

Places are in great demand. See more info on the website at <http://www.jciedinburgh.org.uk/news> or contact neil\_ritchie (at) ejcc.org.uk



## Patron Spotlight



\*greenparka designed the JCI Edinburgh website. They are a digital communications company who help their clients communicate, sell and work more effectively by using web-based technologies to their advantage.

#### Q: What do you like most about your job?

Working with a huge variety of people and businesses - no two days are ever the same and I have to be constantly learning new things.

#### Q: What type of challenges do you encounter?

The biggest challenge has been convincing clients that we are capable of providing them with robust and long-term solutions that are comparable with our larger competitors.

#### Q: What has been your best JCI Edinburgh experience?

My best experience has been taking part in the National Public Speaking Competition a few years ago. I was beaten by Catherine Gordon, who went on to win the World Prize, so some serious competition!

#### Q: What made you become a Patron of JCI EDINBURGH?

I've got a huge amount out of JCI Edinburgh so wanted to be able to put something back in.

#### Q: How can our members contact you?

Please feel free to contact me directly on 0131 557 3558 or nick (at) greenparka.com



## A successful month for the Charlotte Square Club



Charlotte Square Club (our Public Speaking and Debating training) has now drawn to a close, but it went out with a bang!! Jane Shandley from Dale Carnegie coached everyone to be more effective speakers. She gave a fascinating session on building your confidence and being more enthusiastic

The communication training company 'Kissing with Confidence' then gave a great session on how to give an unforgettable speech, which taught the attendees some great tools and tips for being more effective speakers. Then last week saw our own Andy McKechnie giving an enjoyable and

Informative session on how to use focusing techniques to build confidence and calm in your speeches. Andy will be going forward to the National Competition in Aberdeen to represent Edinburgh in the Public Speaking Final. The successful candidate will then go onto the European level competition in Tallinn.



## A successful month for Training and Development



**Pip Haydock - The2getherPartnership**

A keen and enthusiastic group walked into a room filled with cut out pictures scattered across a number of chairs. Everyone wondered what was in store, intrigued by this unusual sight. Tom and Pip were a great training duo, who were obviously very knowledgeable in their subject and used different techniques to get everyone involved. We all learned what drives individuals and also about our own values and



**Tom Costello - Tom Costello Associates**

drivers. The photos were used to explain what makes an effective leader. The variety in pictures and in explanations for picking pictures highlighted just how diverse we all are. We all have different expectations and requirements for a leader. These differences are usually due to our own diverse values. We all have a cores set of beliefs which govern the way in which we lead our lives. A very interesting session for everyone!

Sponsored by the Sheraton Grand Hotel and Spa and direction counselling and training

## Murder Mystery Weekend Away



*Quiz masters in action*



Every year we organise a weekend away to encourage our members to have some fun and to get to know each other. This year was again a huge success. We were in an estate house called Whitmuir Hall near Selkirk. On Friday night our quiz guru's, Brian and Alastair, entertained us. Andy taught us some great dance moves, and (a quick growing tradition) we sang Karaoke until the wee small hours. Saturday took people to nearby towns for walks, lunch, drinks and



**The staff at Killem Hall Hospital**

watching the rugby. Best of all though, was the Murder Mystery game on the Saturday night. As you can see from the photos, everyone was game for a laugh and a great time was had by all. We're just glad we didn't get snowed in :o)



*Andy teaching us some fun dance moves*





### Trip to Galway

JCI Edinburgh are setting up a twinning with JCI Galway. We will be going over on the 5<sup>th</sup> of May for a dinner and then attend their training day on the Saturday. JCI Galway is the largest chamber in JCI Ireland and is a very successful chamber who we will learn a lot from. They also have really nice people who a number of us have met and have a really good laugh with. If you fancy coming over to Galway to set up a great working friendship, please let me know and book up soon :o)

Lesley\_fowler (at) ejcc.org.uk



## JCI Edinburgh Training & Development

We're two session into this year's new T&D programme and as many of you know, they have been well attended and well received.

Scott Johnston showed us how to negotiate with a win/win attitude to seal that deal, and Tom Costello and Pip Haydock took us through their vision of "Be Proactive" inspired by the work of Dr. Covey and his "Seven Habits of Highly Effective People".

However, the T&D sessions are just the beginning - we've got lots more to add to the programme - but to do that, we need your

help. So - if you'd like to know more about what exciting things we have in mind, get in touch with our T&D Director, Neil Ritchie neil\_ritchie (at) ejcc.org.uk - he'd love to hear from you.



## Texts before events – Receive text reminders about events to you never miss out..

Text Service from one of our Patron Companies:



Would you like to receive free text reminders about all of our main events? MarketSpan send out reminders one day before each event so that you never miss anything.

All you need to do is text "ejcc" to 07718 933 866. The first text will cost you your usual tariff but texts are free from then on. MarketSpan do not release your number to third parties.

## JCI Newsletter – Would you like to receive the JCI worldwide Newsletter?

JCI Newsletter, issued by email linking to a news page on the JCI website.

Would you like to received JCI's newsletter? It is issued approximately once a month and

gives details on events in JCI across the world. It's a great opportunity to hear about events, projects, achievements and colleagues worldwide.

Just go to <http://lb.bcentral.com/ex/manage/subscribeprefs.aspx?customerid=9155>

and register by the online form. Any problems contact Lesley.

## Notice board

### Project Team

Would you like to help Louise organise a great event which awards young people in Scotland who have completed outstanding achievements? Contact Louise on [louise\\_swanson \(at\) ejcc.org.uk](mailto:louise_swanson@ejcc.org.uk) to join the TOYP team. We need people to help with admin, Press Relations, event management and accounts.

### Communication Skills

Come and support our Debating team next Sunday (9<sup>th</sup>) in Dundee, or come along to the National Conference and Support Andy in the Public Speaking Competition. It's a great opportunity to see how you can get involved next year. For more information contact [csc \(at\) ejcc.org.uk](mailto:csc@ejcc.org.uk).

### Communications Team

Are you a budding journalist? Would you like to learn how to update websites? Would you like to develop marketing materials? There are many options in our comms team. First meeting, 6<sup>th</sup> April, contact [kirsty\\_regan \(at\) ejcc.org.uk](mailto:kirsty_regan@ejcc.org.uk)



### National Conference

JCI Scotland Conference, Aberdeen. **£115 until 7 April.** Book now to avoid disappointment. Event being held 21<sup>st</sup>-23<sup>rd</sup> April 2006 and includes a big fancy dress party, training, public speaking and debating competitions, National Awards and big Gala Dinner. For more information see: [www.jciaberdeen.org.uk](http://www.jciaberdeen.org.uk)

Contact [lesley\\_fowler \(at\) ejcc.org.uk](mailto:lesley_fowler@ejcc.org.uk) for more information

### European Conference

JCI European Conference, Tallin in Estonia. **290 Euro until 14 April 2006.** Join us for a fantastic four day conference of training, partying, making friends from across Europe and learning more about JCI.