



Say it like you mean it!

It's all happening in March at the Charlotte Square Club...

CSC is drawing to a close and March has sessions not to be missed!! We have 4 exciting events happening. Jane Shandley from Dale Carnegie teaches us how to say it like we mean it on the 8th of March. Learn how to deliver the right message. On the 22nd of March at the earlier time of 6.30pm we have our final session of the year, the fantastic Russell Wardrop from Kissing with Confidence will give an amazing session on how to give an unforgettable speech.

Jane and Russell are both fantastic trainers we we are lucky to have, so please try to make it along if you would like to improve your group communication. If you fancy a bit of fun and a chance to put your skills to good use, we then have two competitions coming up. On the 26th of March we will be up in Dundee for the National Debating Competition. Edinburgh has not won in about 30 years, so there is no pressure, but we would love to put in a team to give Glasgow and Aberdeen some competition. It's also a great opportunity to meet



Scott Gilmore at Charlotte Square Club

members from across Scotland. If Debating is not for you, then why not enter the Public Speaking Competition? This is a great opportunity to get a feel for standing up and speaking to a room for 5 minutes. If you are keen to improve your public speaking, then this leads into some great opportunities. For more information on the sessions see the online diary or contact csc@ejcc.org.uk.

Giving back to the community

Ten Kilometre Run anyone? 7 May 2006

Community Team: Giving back to the community with our knowledge and skills while developing ourselves

Alastair, our new Communities Director, has agreed (i.e. been bullied) into running the 10k Great Edinburgh Run on Sunday 7th May. He'll be running it to raise money for Streetwork, one of our partner charities. Those of you that know Alastair will know that he'll need someone to talk to along the way, so if you would like to join him, get fit and raise money for a very worthwhile cause,

then email him and let him know at alastair_davis@ejcc.org.uk. Even if you've already signed up to do the run but not to raise money for charity, it would be great if you would raise some money for charity along the way.

The more lazy amongst our membership may be more interested in helping out with the Edinburgh Marathon on Sunday 11th June. Another one of our partner organisations, the OneCity Trust, have asked for assistance to help organise the event and to help out on the day, at water stalls and as stewards etc. Each of our members that helps out will mean that the OneCity Trust will benefit from a £15 donation to their valuable work. More information on possible opportunities is



available at www.edinburgh-marathon.com/?volunteer or email Alastair.

If you're interested in getting involved with JCI Edinburgh's Community Program, or participating in the Determined to Succeed program, then why not come along to the next Communities Meeting on the 21st March at 6.30pm in the Cumberland Bar, or email Alastair



Next Events

Regular updates are available online at <http://www.jciedinburgh.org.uk>

8th Mar - Charlotte Square Club (Public Speaking) Say it like you mean it! Jane Shandley from Dale Carnegie teaches us to get our message across. National Trust, 28 Charlotte Square, 6.50pm.

14th Mar - Open Evening Bring along a friend or two to hear more about chamber. Apex City Hotel, Grassmarket 7pm

21st Mar - Community Team Join the community team who are building links and opportunities with Local Edinburgh based Charities. Cumberland Bar, 6.30pm.

22nd Mar - Charlotte Square Club (Public Speaking) Kissing with Confidence Russell Wardrop will help you make your speeches unforgettable!! National Trust, 28 Charlotte Square, *** 6.00pm.***

26th Mar - National Debating Competition Your chance to compete to be the best debating team in Scotland. Perth.

27th Mar - Training and Development. Principles of Personal Leadership. Be Proactive. Sheraton Grand Hotel and Spa, 6.50pm.

29th Mar - Charlotte Square Club Public Speaking Competition Everyone can take part just contact csc@ejcc.org.uk for more information. National Trust, 28 Charlotte Square, 6.50pm.

31st Mar - Comedy Night at Jongleurs £10 How would you like an evening of fun and laughter?

If you have any queries about your membership or know anybody who wants to join contact: Julie Diver, Membership Director on julie_diver@ejcc.org.uk



Nicol Stephen Deputy First Minister and Lars Hajslund, JCI President

Presidents Message

Lesley Fowler, JCI Edinburgh President

Hi everyone,

February may only have been half a month for me, but its been hectic and full of great opportunities and challenges. After being president for only 5 days, I found myself helping JCI Scotland to host our JCI World President Lars Hajslund from Denmark for an official visit to Scotland. Lars is a great character, an excellent leader and a fantastic trainer. Since we only had Lars here for an afternoon and evening we tried to make the most of the time available. In the afternoon we attended

meetings with Graham Birse, the Deputy Chief Executive of the Edinburgh Chamber of Commerce, Tam Hendry founder of the charity Streetwork and then Nicol Stephen Deputy First Minister. The meetings were all very helpful and productive for both JCI Scotland and JCI Edinburgh. We also received a mini Scottish Parliament tour from Nicol Stephen. The evening found us having dinner with a group of members from Edinburgh, Michael Kern from JCI and Colvin Houston our International Advisor. This was a great opportunity for our members to meet Lars and hear some of his experiences firsthand.

March again is a busy month especially on the Public speaking front. I encourage as many of you as possible to consider getting involved in the debating and public speaking competitions. They are a great experience and really help you to develop your communication skills.

I encourage you to have a look through the diary of events and think about what you would like to attend over the next couple of months and put the dates into your diary.

Have a great month! :o)

Lesley

Lesley Fowler
President
JCI Edinburgh

2006 Conferences

21st Apr JCI Scotland National Conference, Aberdeen

6th May JCI Galway Training Day and Twining Dinner, Galway, Ireland

14th Jun European Conference, Tallinn, Estonia

15th Sep JCI UK Conference, Barnsley

6th Oct, JCI Ireland Convention, Tullamore

13th Nov JCI World Congress Seoul



Junior Chamber International Edinburgh

Worldwide Federation of Young Leaders and Entrepreneurs

Katie's VP Experience

Katie shares her experiences:

Last week saw the National Presidents Meeting in Vilnius, Lithuania. As a JCI Vice President my role at the meeting was to help facilitate the workshops that were run and use the time to talk with the National Presidents and the Deputies of the national organisations (NOMs) I am assigned to.

With over 120 delegates present the programme comprised of an overview of the European Plan of action by Executive Vice President Yiannis Lagos and JCI President Lars Hajslund. The first evening was an introduction to all things Lithuanian where we experienced the culture through singing and dancing and the wide variety of local dishes. Warmed by mittens and the local drink "999" we were well protected from the temperature of -15C and snow!

The Friday comprised of the European Development Council, who can distribute grants to aid in the development of existing and new NOMs, discussing how they can help. The rest of the day was spent in workshops and seminars on topics such as starting new



chambers, recruiting and retaining members and how to attract sponsorship at local and national level. Saturday held the Area D (Europe) Meeting where our National President Gordon McCarlie was ensuring that Scotland's views were well represented. As VP Katri, from Finland, who is assigned to Scotland was unable to attend, due to a broken foot, the session was run by President Lars.

Meetings such as these are a superb opportunity for members throughout Europe to exchange ideas and share information on the successful projects and programmes they run. It's also a great opportunity to build friendships and networks for 2006/2007.

Katie Ridland

Patron Spotlight



direction specialises in providing professional counselling, mediation, independent supervision, training and employee assistance programmes. The two main services we could provide to JCI members are our training (please see our website for our new open CPD courses www.direction.org.uk !) and personal counselling.

Q: What do you like most about your job?

That I experience real emotional intimacy with others and that people trust me enough to share part of their life with me.

Q: What type of challenges do you encounter?

The constant challenge I have is the misunderstandings and perceptions people have about professional counselling and psychotherapy. I overcome it by taking the opportunity to educate and clarify to others what this form of support is.

Q: What has been your best JCI Edinburgh experience?

When I was JCI Edinburgh's Membership Director and Katie Ridland (Past President) phoned me in 2003 to say Edinburgh had won Best JCI Chamber in the World out of 6,000 chambers. What an amazing feeling!

Q: What made you become a Patron of JCI EDINBURGH?

They are the Best Chamber in the World! And I passionately believe in JCI and their values.

Q: How can our members contact you?

Please feel free to contact me via email, angie.cameron@direction.org.uk or directly on my mobile 07760 196 321. I would be delighted to offer JCI members discounts and their organisations, just speak to me about it.



Training and Development



Mon 27th March

Principles of Personal Leadership: Be Proactive



Pip Haydock - The2getherPartnership

Tom Costello - [Tom Costello Associates](#)

In this session we will look at some of the latest thinking in leadership development, focussing on being pro-active rather than reactive.

We will cover topics such as:

- Personal values and drivers
- Reaction versus proaction
- Optimism versus pessimism
- Creating versus problem solving
- Your reality versus your aspirations

This session will provide an opportunity for you to understand what your internal influences are in your day to day life as a leader, and start building upon that knowledge to create a vision for the future for both you and your business.

Sheraton Grand Hotel and Spa 6.45pm for 7pm start.

To book a place contact Neil_ritchie@ejcc.org.uk

Sponsored by the Sheraton Grand Hotel and Spa and direction counselling and training

Burns Supper 2006 Photos

Would you like a copy of the photos from JCI Edinburgh's 2006 Burns Supper?

This year's photographer, Jason Baxter is selling copies of the CD which holds all the photographs from the event for just £9.99.

Just send a cheque made payable to "Baxter Photography Ltd" and send delivery address details to:



Baxter Photography Ltd
3 Restalrig Road
Leith
Edinburgh
EH6 8BB
Also see Jason's website:
<http://www.baxterphotography.co.uk/>

Comedy Night at Jongleurs



Friday 31st March 2006
Doors open at 7pm
Omni Centre, Edinburgh

The End of Month Drinks this year is changing Venue. We are going for a night of comedy and laughs at Jongleurs.

Tickets are only £10 each and the comedians are Brendan Riley, Colin Cole and Paul B Edwards.

Contact
Caroline_jackson@ejcc.org.uk
to book your ticket!!

JCI Edinburgh Annual Awards

The Harris Award for Best Project: 2005 JCI Scotland National Conference Team

The National Conference 2005 Team picked up this award primarily due to the number of members involved and their ability to raise the profile. Here's just one of the responses from an attendee:

"On behalf of all the members of JCI Lier, I would like to thank you for the warm reception we received from all of you in Edinburgh. Also congratulations to you and all members of JCI Edinburgh who put together a fabulous JCI Scotland National Conference! We enjoyed ourselves enormously and had a wonderful time!!!"



The dedication and hard work of our members went above and beyond the call of duty, this was evident to all those present.

Best New Member Award:

This year two of our members deserved this award, their outstanding contribution is an example to all of us.

Louise Swanson got involved in softball initially before moving on to a challenging position on the Burns Team, her commitment in both areas was particularly evident. Louise is on the board this year as Secretary and Project Manager for TOYP.

Alastair Davis has been enthusiastic from the day he joined. He proved to be the most active member of the Community Team, working with Scotland Yard, Streetwork and OneCity Trust whilst also building relationships with two city Schools for Determined to Succeed and becoming Community Director this year.

Most Outstanding Member:

This years award was given to an individual that got their sleeves rolled up and filled a gap in so many areas, whilst also maintaining their own area. They introduced various new members, stepped in to run the Charlotte Square Christmas Wedding, prepared numerous communications items (many at the eleventh hour) and was also a great supporter of most of our events.

This year's award went to **Julie Diver** who is one of our Vice President's and our Membership Director this year.

The Ridland Award for Outstanding Achievement:

This is the highest accolade that is given in JCI Edinburgh.

This project has gone from strength to strength since its inception three years ago, it involved over 15 members and was attended by many more. Often JCI can only be seen as a Social Club, this event has taken the social inspiration to honour Scotland's National Poet whilst running a fantastic training day with a choice of 4 highly innovative and thought provoking training sessions.

Involvement in Project Teams provides fantastic practical assistance that can be useful in both our professional and personal lives. For their hard work and dedication to the ethos of JCI, this year's award went to **Kirsty Regan and the Burns' Supper Gala Team.**

Brian Turnbull
Immediate Past President



Open Evening – Bring a friend or colleague along to here more about us...

Tuesday 14th March 2006
Apex City Hotel
Grassmarket
Edinburgh
7pm until approx 8pm
Contact julie_diver@ejcc.org.uk

Do you enjoy being a member of JCI Edinburgh? Do you have friends or colleagues who are aged between 18-40 who may also enjoy being a member? If you do, then why not bring them along to our

Open Evening on the 14th of March. It's a chance for them to meet some of our members, hear more about the organisation and enjoy a glass of wine. Please contact Julie to let us know if you would like to attend.



Texts before events – Receive text reminders about events to you never miss out..

Text Service from one of our Patron Companies:

MarketSpan.
WEB DESIGN & BUSINESS SOLUTIONS

Would you like to receive free text reminders about all of our main events? MarketSpan send out reminders one day before each event so that you never miss anything.

All you need to do is text "ejcc" to 07718 933 866. The first text will cost you your usual tariff but texts are free from then on. MarketSpan do not release your number to third parties.



JCI Newsletter – Would you like to receive the JCI worldwide Newsletter?

JCI Newsletter, issued by email linking to a news page on the JCI website.

Would you like to receive JCI's newsletter? It is issued approximately once a month and

gives details on events in JCI across the world. It's a great opportunity to hear about events, projects, achievements and colleagues worldwide.

Just go to <http://ib.bcentral.com/ex/manage/subscribeprefs.aspx?customerid=9155>

and register by the online form. Any problems contact Lesley.

Notice board

Project Team

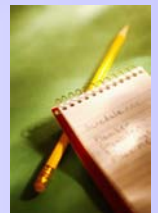
Would you like to help Louise organise a great event which awards young people in Scotland who have completed outstanding achievements? Contact Louise on louise_swanson@ejcc.org.uk to join the TOYP team. We need people to help with admin, Press Relations, event management and accounts.

Communication Skills

Contact Ali and Andy on csc@ejcc.org.uk to find out more about the Public Speaking Competition and Debating competitions being held. They are a fantastic opportunity to meet some great people, have a good laugh and improve your communication skills and confidence.

JCI Edinburgh Board

Would you like to make up this newsletter? Or would you like to be on the board? There are still 2 positions left. Contact Lesley.



National Conference

JCI Scotland Conference, Aberdeen. £95 early bird until 7 March. Event being held 21st-23rd April 2006 and includes a big fancy dress party, training, public speaking and debating competitions, National Awards and big Gala Dinner. For more information see: www.jciaberdeen.org.uk

Contact
lesley_fowler@ejcc.org.uk for more information on any of these events

European Conference

JCI European Conference, Tallin in Estonia. 290 Euro until 1 March 2006. Join us for a fantastic four day conference of training, partying, making friends from across Europe, helping on a tradestand and learning more about JCI.